



## PRACTICE SCENARIOS ~ PALLIATIVE SUPPORT

**A.** I've never been away from Joe for more than a couple of days. And I always left meals already prepared in the fridge and freezer when I did go away. I did all the grocery shopping and I'm the one who balances the cheque book. The neighbors and the kids have been keeping him feed and the house in groceries since I've been sick, but they can't do that forever. I guess he's going to have to learn how to do those things now.

1. What are possible feelings of the speaker?
2. What are possible concerns or content behind what has been said?
3. What is one response that would reflect content?
4. What is one response that would check assumptions?
5. What is one response that would clarify feelings?

**B.** Just before my dad died he talked about seeing a light and people he knew. Some say there is life after death. I never believed all that hooey. I think he was just hallucinating, maybe brought on by wishful thinking or a fear of there being nothing after you die. What do you think?

1. What is one response that would reflect what has been said and then effectively put the question back to the speaker to answer?
1. Do you think the speaker has any concerns or fears? If so, what do you think they might be?
2. What do you think the motivation is for asking for your thoughts on the issue?
3. How can you respond without being evasive or disrespectful?

Courtesy Prince George Hospice Society