



**FEELING WORDS**

**SADNESS**

dejected	depressed	hopeless	unhappy
sad	pessimistic	solemn	wrecked
blue	unhappy	glum	troubled
lonely	left out	snubbed	forgotten
disliked	hated	rejected	neglected

**HAPPINESS**

excited	thrilled	glad	ecstatic
elated	optimistic	splendid	terrific
tremendous	great	pleased	delighted
fantastic	good	marvellous	overjoyed

**FEAR**

panicked	afraid	alarmed	frightened
scared	worried	wary	hesitant
threatened	nervous	uptight	edgy

**ANGER**

mad	aggressive	hostile	outraged
furious	irritated	perturbed	critical
angry	bothered	revengeful	fired up
enraged	annoyed	cross	grouchy

**UNCERTAINTY**

confused	amazed	sceptical	unsure
surprised	uncertain	puzzled	bewildered

**WEAK**

feeble	helpless	insecure	frail
incompetent	powerless	vulnerable	useless
timid	no good	unworthy	inadequate

**STRONG**

adequate	confident	bold	powerful
tough	courageous	secure	competent
qualified	self-reliant	in control	capable

**LOVING/FRIENDLY**

thankful	tolerant	trustful	warm-hearted
agreeable	appreciative	caring	loving
fond of	gentle	involved	kind

