



FEARS OF THE DYING PERSON

FEAR OF THE UNKNOWN

What lies ahead: physical changes, emotional issues, family concerns, dying and death.

FEAR OF LONELINESS

Others may avoid them.

Withdrawal from work, social contacts, life activities. A loss of "sense of self" this happens with reduces human contact.

FEAR OF SORROW

Can I stand thinking about what I am losing? it is difficult to face so many loses.

FEAR OF LOSS OF FAMILY AND FRIENDS

It is a reality of the dying that needs to be grieved and worked through. Family and friends may already be withdrawing.

FEAR OF LOSS OF BODY

Not just physical loss, but also loss of self-image, accompanied by shame or sense of inadequacy. Disfigurement may be accompanied by withdrawal, fear of rejection or abandonment.

FEAR OF LOSS OF SELF-CONTROL

Control of one's life, one's self, one's body. Loss of integrity, ability to master own fate.

FEAR OF SUFFERING AND PAIN

Related to personal and cultural experiences and expectations. Person's response to physical, emotional and spiritual pain will determine their suffering.

FEAR OF LOSS OF IDENTITY

Patient's many losses may threaten their sense of who they are in the world. Become unsure how to act or connect with others. Closely tied to personal meaning.